

What is a 100% Tobacco Free Schools (TFS) Policy?

Your Board of Education recognizes that the use of tobacco products is a health, safety, and environmental hazard for students, employees, visitors and school facilities.

Tobacco use is prohibited:

- No student, staff member or school visitor is permitted to use any tobacco product at any time, including non-school hours:
- In any building, facility, or vehicle owned, leased, rented, or chartered by the schools
- On any school grounds and property—including athletic fields and parking lots owned, leased, rented or contracted by the school district
- At any school-sponsored or school-related event on-campus or off-campus.

Teachers, Staff, and Administrators:

- Make announcements reminding visitors of the TFS policy before and during all school sponsored events.
- Display the 100% TFS policy throughout the campus.
- Be persistent in reminding staff about the importance of setting a good example.
- Address the issue of spit and smokeless tobacco use in your school.
- Encourage staff and students to quit by offering them resources.
- Recommend the Quitline.



**North Carolina's
100%
Tobacco Free
Schools**

**And what YOU
can do to help...**

Students:

- Help your peers comply with the TFS policy by:
 - Helping administrators develop policies and strategies for compliance.
 - Using positive reinforcement to encourage students to refrain from tobacco use.
 - Asking staff to look for students using tobacco.
 - Working on promotions that counter the culture that says tobacco is acceptable.

Parents:

- Help students comply with the TFS policy by:
 - Speaking to your child about tobacco use and reminding them of the tobacco free policy at their school.
 - Encouraging staff at your child's school to enforce their tobacco free policy.
 - Respecting the 100% TFS policy by not using tobacco products on school grounds.



WELCOME TO OUR TOBACCO FREE SCHOOL!

School policy prohibits the use of tobacco products: Everywhere. By everyone. At all times. Thank you for your cooperation.

Taking Action:

- Post permanent metal and student-created signs that outline your school's policy in and outside the campus.
- Highlight new policies through letters to the community and through all official school documents.
- Clean up your school grounds of cigarette butts.
- Make announcements about the TFS policy.
- Promote the policy by setting up booths at home games that have informative brochures, visual aids, and TRU giveaways
- Express your school's policy to coaches and encourage compliance (especially through prohibiting their players from spitting at practices and games).

Taking Action (continued):

- Have local TRU groups do trainings for athletes to help encourage cessation and/or to prevent tobacco use.
- Host Kick Butts Day events (Youth Advocacy Day in the Spring)
- Host Through with Chew Week events (Youth Advocacy day in the Winter)

Consequences for

Violations:

- Refer to your school's policy for consequences to tobacco use on campus.

